



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KOLE METTS**

Has Established The

**-56 TEEN 1 RAW  
155 KG DEADLIFT**

**GA & SOUTHERN STATES BP & PL CHAMPIONSHIPS - NORCROSS, GA**

**10/25/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport