



# NEBRASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HENRY DIERS**

Has Established The  
**-66 OPEN**  
**Raw Record (2015-2021)**  
**140 KG BENCH PRESS**  
**2020 COLLEGIATE NATIONALS**  
**11/20/2020**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport