

## AMERICAN RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **PARES MARIA**

Has Established The

-84 MASTER 5A RAW (2015-2021) 25 KG BENCH PRESS SINGLE LIFT

"BENCH NATIONALS" ORLANDO, FL 09/02/2011



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport