



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**STAN MINGUS**

Has Established The

**-105 MASTER 3B**

**Raw (2015-2021)**

**545.5 KG TOTAL**

**BEST OF THE MIDWEST CHAMPIONSHIPS - CEDAR RAPIDS, IA**

**10/25/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport