



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HOWARD AARON**

Has Established The

**-93 MASTER 3A**

**Raw (2015-2021)**

**150 KG BENCH PRESS SINGLE LIFT**

**2013 AMERICN OPEN (OAKS, PA)**

**12/08/2013**



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America's Choice Drug-Free Strength Sport