



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HOWARD AARON**

Has Established The

**-93 MASTER 3A RAW (2015-2021)  
150 KG BENCH PRESS SINGLE LIFT**

**2013 AMERICAN OPEN (OAKS, PA)  
12/08/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport