



AMERICAN RECORD CERTIFICATE

THIS CERTIFIES THAT

RUSS MCDONNELL

Has Established The

**-105 MASTER 1A RAW (2015-2021)
272.5 KG SQUAT**

**"RAW NATIONALS" SCRANTON, PA
08/20/2011**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport