



# ARIZONA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LYNNE BELDEN**

Has Established The

**-76 TEEN 3 EQUIPPED RECORD (2015-2021)  
63.5 KG BENCH PRESS SINGLE LIFT**

**05/31/1986**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport