



# FLORIDA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**RONALD CRAWFORD**

Has Established The

**-56 MASTER 3 EQUIPPED RECORD  
87.5 KG BENCH PRESS**

**FLORIDA SENIOR GAMES BP CHAMPIONSHIPS, LAKE LAND, FL  
12/11/2011**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport