

## ALASKA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## JOHN WEST

Has Established The

-120 MASTER 2A RAW RECORD (2015-2021) 371.94 KG TOTAL PUSH-PULL

> 16TH KETCHIKAN WINTER MEET 12/10/2016

> > www.usapowerlifting.com America's Choice Drug-Free Strength Sport