

## NEW JERSEY STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **HELEN WHITE**

Has Established The

-63 MASTER 3A RAW RECORD (2015-2021) 175 KG TOTAL PUSH-PULL

> 2015 RAW NATIONALS 10/15/2015



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport