



# PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**NICOLE UMEWENI**

Has Established The

**-84 TEEN 3 RAW RECORD (2015-2021)  
287.5 KG TOTAL PUSH-PULL**

**2019 RAW NATIONALS  
10/16/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport