



IOWA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

DEAN BRIDGES

Has Established The

**-105 MASTER 1B EQUIPPED RECORD (2015-2021)
360 KG TOTAL PUSH-PULL**

**2017 DES MOINES METRO CLASSIC
01/21/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport