

## ILLINOIS STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## HEIDI MITCHELL

Has Established The

-84 TEEN 2 RAW RECORD (2015-2021) 187.5 KG TOTAL PUSH-PULL

**ILLINOIS STATE MEET 2017 05/06/2017** 



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport