



LOUISIANA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

CHARLENE POPIK

Has Established The

**84+ MASTER 3A RAW RECORD (2015-2021)
32.5 KG BENCH PRESS SINGLE LIFT**

**SOUTHERN REGIONAL CHAMPIONSHIPS
08/05/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport