



MISSOURI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ABIGAIL ZYK

Has Established The

**-84 OPEN EQUIPPED RECORD (2015-2021)
200 KG TOTAL PUSH-PULL**

INAUGURAL VIRGINIA HIGH SCHOOL AND COLLEGIATE CHAMPIONSHIP

12/02/2017



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport