



## **SOUTH DAKOTA STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**MEGAN VANDENHEMEL**

Has Established The

**84+ TEEN 1 RAW RECORD (2015-2021)**

**170 KG TOTAL PUSH-PULL**

**MIDWEST SENIOR STATES**

**12/08/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport