



VIRGINIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ROXANNE LORD

Has Established The

-84 MASTER 3A

Raw Record (2015-2021)

192.5 KG TOTAL PUSH-PULL

IPF 7TH WORLD CLASSIC CHAMPIONSHIPS - HELSINGBORG SWEDEN

06/04/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport