

MASSACHUSETTS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

KAREN BLESSINGTON

Has Established The -57 MASTER 1B

Massachusetts Raw State Record (2015-2021)
205 KG TOTAL PUSH-PULL
NOR'EASTER BENCH BASHAND DEADLIFT
02/09/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport