



MASSACHUSETTS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

KAREN BLESSINGTON

Has Established The

**-57 MASTER 2A MASSACHUSETTS RAW STATE RECORD (2015-2021)
205 KG TOTAL PUSH-PULL**

**NOR'EASTER BENCH BASHAND DEADLIFT
02/09/2019**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport