



# OKLAHOMA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LYDIA COTTLE**

Has Established The

**-69 JUNIOR**

**Raw Record (2015-2021)**

**185 KG TOTAL PUSH-PULL**

**COLLEGIATE AND JUNIOR NATIONALS**

**04/08/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport