



# OREGON STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HELENA TYBERG**

Has Established The

**-63 TEEN 1 RAW RECORD (2015-2021)  
65 KG BENCH PRESS SINGLE LIFT**

**UNLEASH THE BEAST**

**05/22/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport