



# **RHODE ISLAND STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**HOLLY SHEPARD**

Has Established The

**-69 OPEN RAW RECORD (2015-2021)  
65 KG BENCH PRESS SINGLE LIFT**

**RHODE ISLAND FALL CLASSIC  
10/10/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport