



## DELAWARE STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SHARON MEARS**

Has Established The

**84+ OPEN RAW RECORD (2015-2021)  
230 KG TOTAL PUSH-PULL**

**DELAWARE STATE CHAMPIONSHIPS  
10/10/2021**

DECEMBER 7, 1787



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport