

## VIRGINIA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **TENNEY SHAUGHNESSY**

Has Established The

-69 JUNIOR EQUIPPED RECORD (2015-2021) 192.5 KG TOTAL PUSH-PULL

> MARYLAND STATE CHAMPIONSHIPS 11/20/2021



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport