



# AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**AVA ALLEN**

---

Has Established The

**-44 JUNIOR RAW  
145 KG DEADLIFT SINGLE LIFT**

**HIGH SCHOOL AND TEEN NATIONAL CHAMPIONSHIP**

**05/27/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport