



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**NORA LANGDON**

Has Established The

**-90 MASTER 3B**

**Equipped**

**370 KG TOTAL**

**PALM SPRINGS, CA**

**10/01/2008**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport