



# MISSISSIPPI STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JIM LYONS**

Has Established The

**-74 MASTER 3A EQUIPPED RECORD (2015-2021)  
172.37 KG SQUAT**

**Â**

**01/01/2004**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport