



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SAM MEADOWS**

Has Established The

**-56 MASTER 1A EQUIPPED  
205 KG DEADLIFT SINGLE LIFT**

**Â**

**07/01/2001**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport