



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SAM MEADOWS**

Has Established The

**-56 MASTER 2A  
112.5 KG BENCH PRESS**

**KILLEEN, TX  
10/01/2006**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport