



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**IAN BELL**

Has Established The

**-90 OPEN EQUIPPED  
357.5 KG DEADLIFT SINGLE LIFT**

**"ARNOLD SPORTS FESTIVAL" COLUMBUS, OH  
03/06/2011**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport