



## NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**C BYRNES**

Has Established The

**-60 POLICE & FIRE OPEN**

**Police & Fire National Championship**

**162.39 KG BENCH PRESS SINGLE LIFT**

Â

**01/01/1995**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport