



# MISSISSIPPI STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**RUBEN SISON**

Has Established The

**-100 MASTER 2A EQUIPPED RECORD  
154.22 KG BENCH PRESS SINGLE LIFT**

**BAY ST. LOUIS, MS  
01/01/2009**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport