



# GEORGIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOSEPH SAWDY**

Has Established The

**140+ TEEN 3**

**Raw Record**

**182.5 KG BENCH PRESS SINGLE LIFT**

**GEORGIA HIGH SCHOOL STATE CHAMPIONSHIP**

**03/09/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport