

## INDIANA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **CIARA LARA**

Has Established The

-52 JUNIOR RAW RECORD 172.5 KG TOTAL PUSH-PULL

2017 CHICAGOLAND WOMEN'S RAW NOVICE 11/05/2017



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport