



## MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HOWARD STURMAN**

Has Established The

**-82.5 MASTER 1B**

**Raw Record**

**162.5 KG BENCH PRESS**

**2012 MARYLAND STATE POWERLIFTING CHAMPIONSHIP**

**01/01/2012**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport