



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SHELBY MCDONALD**

Has Established The

**100+ TEEN 3 RAW RECORD  
207.5 KG TOTAL PUSH-PULL**

**SOMD HEAVY METAL MOVERS  
09/01/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport