



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HEIDI LEWIS**

Has Established The  
**100+ JUNIOR**  
Raw Record  
**117.5 KG BENCH PRESS SINGLE LIFT**  
**BARRELS AND BARS**  
**11/14/2020**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport