



## NORTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KARA SHEERIN**

Has Established The  
**-72 OPEN**  
**Raw Record (2015-2021)**  
**80 KG BENCH PRESS SINGLE LIFT**  
**2015 BATTLE ON THE BORDER (DENVER, NC)**  
**03/21/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport