



## SOUTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JUSTIN SHEPHERD**

Has Established The  
**140+ MASTER 1A**  
**Raw Record**

**237.5 KG BENCH PRESS SINGLE LIFT**  
**VIRGINIA SHOCKWAVE SHOWDOWN**  
**08/03/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport