



## SOUTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JEFF MONAHOS**

Has Established The

**-90 MASTER 2A**

**Raw Record**

**205 KG SQUAT**

**MYRTLE BEACH BAR BASH**

**09/22/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport