

NATIONAL RECORD CERTIFICATE

THIS CERTIFIES THAT

MIGUEL RUELAN

Has Established The

-74 MASTER 1A BENCH PRESS NATIONAL CHAMPIONSHIP 202.5 KG BENCH PRESS SINGLE LIFT

"BENCH NATIONALS 2012" PALM SPRINGS, CA 08/29/2012



www.usapowerlifting.com

America's Choice Drug Free Strength Sport