



# VIRGINIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TYLER CIERSKI**

Has Established The

**-125 OPEN**

**Raw Record**

**330 KG SQUAT**

**2018 ARNOLD - A7 BAR GRIP PRO RAW CHALLENGE**

**03/02/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport