



# WASHINGTON STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**WINIFRED PRISTELL**

Has Established The

**-90 MASTER 4A RAW RECORD  
70.5 KG BENCH PRESS SINGLE LIFT**

**2010 ALKI BEACH CLASSIC  
08/28/2010**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport