



# NORTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TAMMY SIMMONS**

Has Established The  
**-84 TEEN 2 EQUIPPED RECORD (2015-2021)**  
**349.27 KG TOTAL**

**Â**  
**12/31/1969**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport