



## NORTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KARA SHEERIN**

Has Established The  
**-72 OPEN**  
Equipped Record (2015-2021)  
**80 KG BENCH PRESS SINGLE LIFT**  
**2015 BATTLE ON THE BORDER (DENVER, NC)**  
**03/21/2015**



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