



# NORTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HELEN ZHANG**

Has Established The

**-48 OPEN RAW RECORD  
50 KG BENCH PRESS**

**2013 NC STATE CHAMPIONSHIPS (DENVER, NC)  
06/08/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport