



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TO BE SET**

Has Established The  
**-47 MASTER 3A**  
**Bench Press National Championship**  
**0 KG BENCH PRESS SINGLE LIFT**  
**Â**  
**12/31/1969**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport