



## NORTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**GARY ALLEN**

Has Established The

**125+ OPEN EQUIPPED RECORD  
297.5 KG BENCH PRESS**

**2013 MENS NATIONALS (ORLANDO FL)  
05/05/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport