



## NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**DENA SHIRLEY**

Has Established The

**84+ RECORD SUB-MASTER RETIRED  
232.5 KG TOTAL PUSH-PULL**

**2013 LONGHORN OPEN POWERLIFTING CHAMPIONSHIP - AUSTIN, TX  
11/23/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport