



## NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TIM LAMANDO**

Has Established The

**-83**

**Record Sub-Master retired**

**135 KG BENCH PRESS SINGLE LIFT**

**2014 TEXAS STATE CHAMPIONSHIP - SAN ANTONIO, TX**

**04/26/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport